

ABOUT COMPEERCORPS

Helping PA Veterans Connect Through Friendship

Many United States Military Veterans are combating mental and behavioral health challenges, homelessness, physical disabilities, lack of community integration and acceptance, while other veterans have died by suicide.

The purpose of CompeerCORPS is to create a network of military veterans that connect through peer mentoring friendships with veterans in mental health recovery. The goals of the program are to enhance a veteran's self-esteem and self-worth; improve connectedness to civilian society; reduce dependency on emergency services; reduce stigma through friendship; and to create a strong and supportive environment that encourages veterans through their recovery journey.

com-peer (kompîr) n.

*a person of equal status,
companion, or friend.*

Compeer and CompeerCORPS operate with funds provided through the Delaware County Department of Human Services Office of Mental Health. Additional funds come from tax-deductible donations and grants.



Contact your local CompeerCORPS program to learn how you can make a difference in the life of a veteran.

Become a friend today!

Compeer of Suburban Philadelphia
Phone: 610.541.0790
www.compeerfriends.org



Compeer and CompeerCORPS
are programs of
Voice and Vision, Inc.
www.voiceandvisioninc.org



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WHAT IS COMPEER

In 1977, Compeer began in New York with the mission to offer healing friendships between volunteers and individuals living with mental health challenges. Compeer in USA and internationally celebrates thousands of remarkable stories of personal change in both the volunteer and individual brought about through this friendship model.

CompeerCORPS follows the Compeer Model and was established to help United States Military Veterans -- one volunteer helping another veteran experiencing mental health challenges. These veteran friendships help to recreate the camaraderie experienced while serving in the military and include a level of understanding unique to veterans.



The Untold Valor: Veterans Recovery In Action podcast focuses on veterans with stories courage, recovery, perseverance, and strength.

www.voiceandvisioninc.org/podcast/

BEING A COMPEER VOLUNTEER IS EASY

Become a CompeerCORPS volunteer by contacting your local Compeer program. Consider this fact: friendship is powerful medicine. Making friends and changing lives is what the Compeer and CompeerCORPS Programs are all about. Join today to participate in a very rewarding experience fit for two.

Friends—Can you imagine life without them?



Through camaraderie, support, and friendship, CompeerCORPS gives every veteran the opportunity to combat obstacles as they reintegrate into civilian life.

BECOME A VOLUNTEER

Step One: Match

Contact your local CompeerCORPS Program to complete a volunteer application. Attend a training session and discuss the benefits of friendship.

Step Two: Match

Volunteers and friends are matched based on mutual preferences, same gender, similar age, location, and shared interests.

Step Three: Meet

Along with the Compeer staff, be introduced to your CompeerCORPS friend. One-to-one friendships improve commitment and develop a lasting trust.

Step Four: Enjoy!

Spend time with your CompeerCORPS friend. Arrange regular meetings, attend local events and activities. Get to know each other. Become friends!

Compeer staff provide on-going professional guidance and support for you and your friend.

CompeerCORPS offers a wonderful volunteer opportunity that is recognized as a best practice in mental health recovery.

*Consider volunteering today!
Making Friends—Changing Lives*